

Adult Enrollment Programs & Drop-In Play

Adult Discover Racquetball Clinic

If you've ever been interested in learning the game of racquetball, join our racquetball pro for a one-hour clinic and receive a new racquet and eye guards. This clinic includes everything you need to get started in a sport that is fun and provides great exercise. Private sessions available.

Monday | 7-8 p.m. | \$80 | March 18 | Court 3
Saturday | 10-11 a.m. | \$80 | April 6 | Court 3

Racquetball Beginner Clinic

These clinics help players establish the basics. Stroke mechanics, fundamental skills, and rules of the game are introduced in this one-hour lesson.

Monday | 7-8 p.m. | \$10 | April 22 | Court 3

Racquetball Drop-In Round Robin

Informal competitive free play where the courts are already reserved. All levels of play are welcome.

Women | Monday | 6:30-8:30 p.m. | Court 4
Men | Wednesday | 5-8 p.m. | Court 2



Junior Enrollment Programs

Junior Discover Racquetball Clinic

If you've ever been interested in learning the game of racquetball, join our racquetball pro for a one-hour clinic and receive a new racquet and eye guards. This clinic includes everything you need to get started in a sport that is fun and provides great exercise. Private sessions available.

Saturday | 11 a.m.-12 p.m. | April 6
\$55 Member, \$66 Child of Member, \$73 Non-Member | Court 3



Donna Triemstra

Instruction, challenge ladder management and coaching are provided by our Racquetball Pro, Donna Triemstra.

An outstanding player with 25 years of teaching experience, Donna loves sharing her passion for racquetball with others. Donna has played racquetball for over 35 years - back in the days of screen ceilings and wooden racquets.

Since moving to the Seattle area from Chicago, she has competed in the Open division since the early 1980's. She is experienced in all facets of racquetball, including club management, activities programming, tournament coordination, racquet stringing, and instruction. Donna loves to work with players of all ages and skill levels.

PRIVATE LESSONS

Receive one-on-one instruction to better your stroke mechanics, shot selection, game strategy, and serve. Available for members only.

30-Minutes: \$40
45-Minutes: \$55
1-Hour: \$70

Register at the Front Desk Concierge or call (425) 885-5566.