

# Rec Sports

FREE DROP-IN PLAY

## TABLE TENNIS

We make it easy to join the fun, providing necessary equipment and offering tables for every skill level. Maximum time on court for players is ten minutes per rotation if people are waiting.

NOT  
OFFERED  
MAY 14-19

**AGES 14+ | NCAA COURT 2**

**Adult Play | Int.-Adv.**

Tuesdays, 7:15-10:45 p.m.

Thursdays, 6:30–9:00 p.m.

**Family Play**

Saturdays & Sundays

4:00–7:00 p.m.

PRO  
CLUB

# Rec Sports

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## VOLLEYBALL

**AGES 15+ | NBA COURT 2**

Get ready to bump, set and spike! Volleyball is a fun sport that is easy to learn and will help improve your cardio, flexibility, balance and coordination.

Thursdays

7:30-10:30 p.m.



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## WALLYBALL

Easy to learn and easy to play. Wallyball makes fitness fun! Wallyball is played like volleyball, in a racquetball court using a soft, easy-on-your-hands wallyball. The walls of the court keep the ball in play, creating a whole new challenge. No personal equipment, skills or talent needed to participate.

**AGES 18+**

**RACQUETBALL COURTS 2, 4**

Tuesdays

6:30-8:30 p.m.



# Badminton

## ADULT (18+) DROP-IN PLAY

4 Courts | Registration Required  
Tuesday/Friday, 7:15-10:45 p.m. | Members Only

Birdies are included in cost. Players that have not paid the annual fee should bring three 78 speed Victor Tournament green birdies each night (available for purchase at the PRO Shop). Maximum time on court for players not playing games is ten minutes per rotation. Players should help setup and take down nets.

Feb.-Dec.	\$220	# 80213
Mar.-Dec.	\$200	# 80221
Apr.-Dec.	\$180	# 80222
May-Dec.	\$160	# 80223
June-Dec.	\$140	# 80224
July-Dec.	\$120	# 80225
Aug.-Dec.	\$100	# 80226
Sept.-Dec.	\$80	# 80227
Oct.-Dec.	\$60	# 80228
Nov.-Dec.	\$40	# 80229
Dec.	\$20	# 80230

## FREE (18+) DROP-IN PLAY

Players provide their own racquets and birdies. Maximum time on court for players not playing games is ten minutes per rotation. Players should help setup and take down nets. Members only.

Tuesdays & Thursdays, 12:00-1:30 p.m.  
Thursdays, 6:00-7:30 p.m.  
Saturdays, 7:00-10:00 p.m.  
Sundays, 7:00-10:00 a.m.

NOT  
OFFERED  
MAY 14-19

## BADMINTON FOR KIDS (7-12)

Kids learn simple skills, build confidence and develop hand eye coordination to become a more competitive player. Racquet and instruction included in cost.

Wednesdays  
Ages 7-8: 4:15-5:15 p.m.  
Ages 9-12: 5:15-6:15 p.m.

Apr. 24-June 12 (no class 5/15)  
Sept. 11-Nov. 13

\$150 Member  
\$200 Child of Member  
\$250 Non-Member

## FREE (9+) FAMILY DROP-IN PLAY

Players provide their own racquets and birdies. Maximum time on court for players not playing games is ten minutes per rotation. Players should help setup and take down nets. Members only.

Saturdays & Sundays, 4:00-7:00 p.m.

NOT  
OFFERED  
MAY 15-19

Register at the Front Desk Concierge, call (425) 885-5566, or enroll online. To enroll online, logon to [proclub.com](http://proclub.com) with your username, select My PRO Club, and then select Program Registration. For more information, please e-mail [pavilion@proclub.com](mailto:pavilion@proclub.com).

Late registration is not pro-rated. Prices do not include sales tax.

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Updated: 2/18/2019

# PRO Volleyball Clinic

with Janelle Chow

**PAVILION**

NBA Court 2  
Ages 12<sup>+</sup>

Summer 2019

**Thursdays**

**June 6-August 29, no class 7/4**

Ages 12-15: 6:30-7:15 p.m. # 1961104

Ages 15-18: 7:15-8:00 p.m. # 1970102

18 & older: 8:00-8:45 p.m. # 1971102

\$50 Member

\$100 Child of Member

\$150 Non-Member

**Take your game to the next level  
with fundamental skill sessions!**



Janelle earned Athlete of the Year at Mercer Island High School and went on to compete on Division I Volleyball and Basketball teams on a full ride scholarship at the University of Idaho. On her volleyball team, she was a 4-year starter and earned All-Tournament Western Athletic Conference Honors. After college, she was recruited to play on a semi-professional team in the United Kingdom in the National Volleyball League and the British University College Sport League. She later competed on a local semi-professional team, Sound Premier, through the Premier Volleyball League. Janelle coaches the varsity volleyball team at her alma mater, Mercer Island High School, and also coaches club at Sudden Impact Volleyball Club.

Register at the Front Desk Concierge, call (425) 885-5566, or enroll online. To enroll online, logon to [proclub.com](http://proclub.com) with your username, select My PRO Club, and then select Program Registration. For more information, please e-mail [pavilion@proclub.com](mailto:pavilion@proclub.com).

*Late registration is not pro-rated. Prices do not include sales tax.*

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CLUB**

Updated: 2/18/2019