

LEAVENWORTH YOGA RETREAT

JUNE 22ND - 24TH

*Informational meeting April 16th,
6-7pm, Decathlon room*

***Gift your body the ultimate
rejuvenating experience!***

Bliss out in luxury at the Post Hotel and Spa, quiet your mind with meditative sessions, restore your spirit with personal reflection and revitalize your body with yoga.

The Post Hotel and Spa is a luxury, adult only property set along the river with breathtaking mountain views in the charming Bavarian village of Leavenworth. The authentic wellness center features the unique traditions found in the Alps dating back hundreds of years.

Mostly all inclusive. Includes European Breakfast, lunch and dessert each day. Two yoga classes per day, plus one meditation session and one optional two hour workshop. Optional day hike on Sunday.

Bring a friend or make new ones.

Single Total Retreat (single occupancy): \$1,250

Double Total Retreat (double occupancy): \$2,250

For more information, please contact Group Fitness at (425) 895-6578 or visit the Concierge Desk.

PRO
Sports Club