



VARSITY HOOPS SKILLS TRAINING



March 12 - May 31

(no training 4/8, 5/28)

Program code: 760116

Mondays (grades 7-12):

Advanced Ball Handling, 5:45-6:15 p.m.

Shoot-A-Way Training, 5:45-6:30 p.m.

Tuesdays (grades 4-6):

Athletic Development, 5:45-6:15 p.m.

Shoot-A-Way Training, 5:45-6:15 p.m.

Vertical Jump Training, 5:45-6:15 p.m.

Wednesdays:

Athletic Development, 5:45-6:15 p.m., grades 7-12

Ball Handling, 3-4 p.m., grades 4-12

Shoot-A-Way Training, 5:45-6:15 p.m., grades 7-12

Vertical Jump Training, 5:45-6:15 p.m., grades 7-12

Thursdays (grades 4-6):

Advanced Ball Handling, 5:45-6:15 p.m.

Shoot-A-Way Training, 5:45-6:15 p.m.

Sundays:

Shoot-A-Way Training, 1-2:30 p.m., grades 4-6

Skills Training, 1-2:30 p.m., grades 7-12

Customize your training schedule and make the most of our classes. Join other players in our Varsity Hoops Skills Training program to develop all parts of your game. Enroll quarterly for this training program and come to as many classes as you want. For class details, please visit www.proclub.com. All training sessions are held in the Pavilion.

Sign up today at the Concierge Desk, call **(425) 885-5566**, or enroll online. To enroll online please log onto www.proclub.com with your user ID and then use the following URL links to register: www.proclub.com/onlineclassregistration.

For more information, please e-mail: pavilion@proclub.com.

Team Member*:

\$100 (M), \$120 (NMCM), \$150 (NM)

Non-Team Member:**

\$150 (M), \$180 (NMCM), \$225 (NM)

* Playing on one of our current teams.

** Not playing on one of our current teams.

PRO
Sports Club