

# Express Menu

Dial 6220 to place your order and pick up in the Bistro.

## SOUPS & SALADS

**Heart Healthy Soup of the Day** – ask your server for today's selection 4 / 6

**New England Clam Chowder** – bacon, potatoes, onion, celery and cream 5 / 7

**Classic Caesar Salad** – romaine, parmesan, garlic croutons, classic caesar dressing 6 / 11

– add 4 oz grilled diced chicken breast 3 – add coldwater bay shrimp 6

– add 4 oz grilled salmon 10 – add NY Strip Steak 13

**Original Chop Salad** – chicken, salami, basil, garbanzo beans, tomatoes, mozzarella, chop dressing 8 / 13

**20/20 Asian Chicken Salad** – celery, peppers, almonds, sesame seeds, miso dressing (CAL-350, F-12, P-32, C-32) 13

**Dungeness Crab & Bay Shrimp Cobb Salad** – mixed greens, bacon, egg, grape tomato, blue cheese, avocado, watercress, Italian dressing 16

## SANDWICHES - COLD

**Turkey and Havarti Sandwich** – como bread, lettuce, tomato, organic greens salad 9

**Tuna and Swiss Sandwich** – albacore tuna, como bread, lettuce, tomato, organic greens salad 9

## SANDWICHES - HOT

**Tuna Melt** – albacore tuna, old fashioned white bread, cheddar, tomatoes, fries 11

**Grilled Cheese** – old fashioned white bread, cheddar, fries 9

**Mesquite Grilled Chicken Club** – bacon, lettuce, tomato, swiss, campagnola bread, fries 11

**Bistro Burger\*** – ground sirloin, bacon, swiss and cheddar, grilled onions, mushrooms, lettuce, tomato, shallot mayo, fries 12

**Tillamook Cheese Burger\*** – ground sirloin, cheddar, lettuce, tomato, mayo, fries 11

**Grilled Chicken Burger** – swiss, avocado, lettuce, tomato, mayo, fries 12

**1/2 Cold Sandwich and Soup or Organic Greens** 9

**20/20 Chicken Pesto Burger** – tomato, fresh basil, whole grain bun, side salad (CAL-650, F-20, P-65, C-52) 11

**Harris Farms Ranch Prime Rib Philly Cheesesteak** – prime rib, peppers, onions, provolone, philly roll, garlic locatelli fries 14

## PIZZA

**Margherita Pizza** – fresh mozzarella, roma tomato, basil 11

**Pepperoni Pizza** – mozzarella, sliced pepperoni 12

**BBQ Chicken Pizza** – diced chicken, smoked mozzarella, red onions, cilantro 13

**20/20 Mozzarella Pizza** – tomato sauce, part skim mozzarella, roma tomatoes, parmesan, basil, whole wheat crust (CAL-450, F-13, P-24, C-60) 11

**20/20 Chicken Vegetable Pizza** – spinach, crimini, mozzarella, onions, diced chicken, tomato sauce, whole wheat crust (CAL-490, F-11, P-37, C-63) 12

**Quattro Fromaggio Pizza** – tomato sauce, four cheese blend 9

## SMOOTHIES

16 oz - 5.00 20 oz - 5.50

**Tropical Breeze** – mango, banana, pineapple juice, coconut, yogurt, soy milk

**Strawberry Sensation** – strawberries, banana, pineapple juice, vanilla yogurt

**Blueberry Burst** – blueberries, banana, apple juice, vanilla yogurt

**Peach Passion** – peaches, banana, orange juice, vanilla yogurt

**Raspberry Rhapsody** – raspberries, banana, apple juice, vanilla yogurt

**Pineapple Passion** – pineapple juice, banana, orange juice, vanilla yogurt

**Very Berry** – strawberries, blueberries, raspberries, soy milk, banana, vanilla yogurt

**Peach Keen** – peaches, strawberries, pineapple juice, banana, vanilla yogurt

**Blue Banana** – mango, blueberries, coconut, pineapple juice, banana, vanilla yogurt

**Mango Madness** – mango, strawberries, orange juice, banana, vanilla yogurt

\* Consumption of raw or under cooked meats, poultry, eggs, fish or shellfish may increase your risk of food borne illness.