

Ages 4-7 years

DISCOVERY BAY
April-July 2011 (no class 6/15)

Storybook Yoga

Story time + Movement = FUN!



Children play fun yoga games and learn the ABC's of yoga while developing strength, coordination, and self-confidence. We'll also get our wiggles out as we act out stories with yoga poses, using our creativity and imagination.

Wednesday, 3-3:45 p.m.

April 20-July 27 (no class 6/15)
\$145 (M), \$174 (NMCM), \$257 (NM)
Code: 589106

Pre-registration required. Enrollment must be a minimum of 4 for class to be held.

For more information or to sign up, please contact Discovery Bay at (425) 861-6247.

PRO
Sports Club

Updated: 3/7/2011