

WELCOME TO THE BISTRO AT PRO SPORTS CLUB

WORLD CLASS SERVICE

SERVICE... Our experienced staff is ready to serve and attend to every detail of your event in a world class manner. We will cover all of the details before, during, and after your event. Our standards are high so rest assured that your event will look its best.

MENUS... Our menus are designed to meet our guests needs and requests. Our Bistro at PRO Sports Club strives to provide menu items that feature the freshest seasonal products available, as well as health conscious options for each meal. Special dietary needs can be arranged in advance. Customized menus are available upon request.

BEVERAGE SERVICE... We are a licensed caterer able to provide beverages ranging from espresso to champagne, beer and wine. Your catering contract will reflect beverage estimation prior to the event. Actual amount consumed will be charged.

QUALITY... PRO Sports Club offers a high level of service in every aspect. We will work within your budget to provide the event you envision and do our best to facilitate its success.

CATERING GUIDELINES

CATERING GUIDELINES AND SERVICE CHARGE... Each event will be staffed with a lead server. A Bistro Manager will be on hand at all times. An automatic 20% service charge will be applied to all Food & Beverage charges.

BILLING AND EVENT CONFIRMATION... PRO Sports Club requires that a signed event estimate (including method of payment) in order to confirm event space and catering. If it becomes necessary to cancel your event within thirty (30) day you will be charged 25% of the room fee, within seven (7) days, 50% of the room fee; within 24 hours, 100% of the room fee and any catering preparation that has begun. Room fee cancellation charges will not be applied if PRO Sports Club is able to re-schedule the room.

CONFIRMATION - GUARANTEES... To ensure the best service, we require that all contracted details are finalized a minimum of five (5) business days prior to the event. Gurantees (# of attendees expected) are required by 12pm two (2) business days prior to the event. After that point, we cannot decrease the catering count, and will do our best to accomodate any increase in attendees. The client will be charged for the final guarantee or for the final actual number served, whichever is greater.

**Consumption of raw or undercooked meats, poultry, eggs, fish or shellfish may increase you risk of food bourne illness.*

All food and beverage purchases are subject to a 20% service charge and applicable sales tax.

Prices and menu items are subject to change without notice.

PRO Sports Club Bistro

4455 148th AVE Northeast ~ Bellevue, Washington 98007

(425) 861-6220

CATERING BREAKFAST SELECTIONS

Prices Shown Per Person

PRO CLUB CONTINENTAL BREAKFAST

Freshly Brewed Cafe Vita Coffee
Assorted Tea Forte Teas
Chilled Odwalla Orange Juice
Seasonal Sliced Fresh Fruit
Assorted Fresh Baked Pastries, Muffins, & Danishes
Assorted Bagels Served with Cream Cheese

\$18.00

HEALTHY START BREAKFAST

Freshly Brewed Cafe Vita Coffee
Assorted Tea Forte Teas
Seasonal Sliced Fresh Fruit
Fruit & Yogurt Parafaits with Granola
Snack & Crack Hard Boiled Eggs
Assorted Pure Fit, Think Thin, & 20/20 Lifestyles Protien Bars

\$23.00

BOARD ROOM BUFFET BREAKFAST

Freshly Brewed Cafe Vita Coffee
Assorted Tea Forte Teas
Chilled Odwalla Orange Juice
Seasonal Sliced Fresh Fruit
Assorted Fresh Baked Pastries, Muffins, & Danishes
Assorted Bagels served with Cream Cheese
Scrambeled Eggs
Low-fat Chicken Sausage
Home-Style Potatoes
Bacon

\$26.00

BOXED BREAKFAST

Each Boxed Breakfast Includes Choice of Individual Cascade Yogurt, Whole Fresh Fruit, Choice of individual Orange Juice or Apple Juice. You May Choose Up to Two Selections For Your Group.

ROSEMARY HAM & CHEDDAR

Whole Wheat English Muffin,
Rosemary Ham,
Egg & Cheddar

\$12.00

TOMATO & RED ONION

Whole Wheat English Muffin,
Sliced Tomato, Red onion,
Egg, & Cheddar

\$12.00

BAGEL & CREAM CHEESE

Whole wheat or plain bagel,
cream cheese, lox, sliced red,
onion & sliced tomato.

\$12.00

TURKEY BACON

Whole Wheat English Muffin,
Turkey Bacon,
Egg & Cheddar

\$12.00

SAUSAGE & EGG

Whole Wheat English Muffin,
Soy Sausage Patty,
Egg & Cheddar

\$12.00

** Ask Your Event Coordinator About Individual Coffee, Latte, & Specialty Beverage Orders from our Cafe for Your Next Meeting!*

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BREAKFAST ADD-ONS

BEVERAGES

Freshly Brewed Coffee, Decaffeinated Coffee, and Assortment of Tea Forte Teas \$5.50
Carafe of Chilled Odwalla Orange Juice \$5.50
Activ Water \$1.95
FRS Energy Drink \$3.25
Fiji Water \$1.55
Pelligrino \$2.50
PRO Sports Bottled Spring Water \$1.15

ENHANCEMENTS

BREAKFAST SANDWICHES:

Rosemary Ham & White Cheddar	\$6.50
Turkey Bacon	\$6.50
Tomato & Red Onion	\$6.50
Sausage & Egg	\$6.50
20/20 Mini Breakfast Burritos	\$4.00

MINI QUICHES:

Ham & Cheese	\$3.25
Spinach & Feta	\$3.25
Quiche Lorraine	\$3.25

ASSORTED PROTIEN BARS:

Think Thin	\$2.75
Pure Fit	\$2.95
20/20 Lifestyles	\$2.05

FRUIT & OTHER ENHANCEMENTS:

Assorted Individual Cascade Yogurts	\$1.95
Yogurt Parafait with Granola	\$6.50
Apple Slices with Organic Peanut Butter	\$2.00
Seasonal Sliced Fresh Fruit	\$6.50
Basket of Whole Fruit (min. of 5 people/price per person)	\$1.00

Assorted Bagels & Cream Cheese	\$3.00
Assorted Pastries & Danishes (min. of 5 people)	\$3.00
Crack & Snack Hard Boiled Eggs	\$1.50
Mini Babybell Cheese Wheel	\$.95

Western Omelet	\$4.50
Cheese Omelet	\$2.50
Chicken Sausage	\$3.00
Salmon Benedict	\$7.50
Eggs Benedict	\$6.50
Scrambled Eggs	\$2.50

KASHI MILK & CEREAL BARS

(Min. 5 People)
Honey Toasted Oat
Cinna-Raisin Crunch
GoLean Crunch! Granola
Served with Nonfat or 2% milk
Soy Milk or Almond Milk Additional 2.00
\$5.00 per person

BUILD- YOUR- OWN BREAKFAST

Create your own Breakfast from Our Add-on Menu
Additional \$2.00 per person

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CAFE MENU ITEMS

BEVERAGES

<i>Freshly Brewed Cafe Vita Coffee, Decaffeinated Coffee, and Assortment of Tea Forte Teas</i>	\$5.50
<i>Carafe of Chilled Odwalla Orange Juice</i>	\$5.50
<i>Pitcher of Iced Tea</i>	\$7.00
<i>Pitcher of Lemonade</i>	\$9.00
<i>Pitcher of Arnold Palmer (Lemonade & Iced Tea)</i>	\$8.00
<i>Assorted Bottled Soft Drinks</i>	\$2.50
<i>Pitcher of Strawberry Lemonade</i>	\$9.00
<i>Activ Water</i>	\$1.95
<i>FRS Energy Drinks</i>	\$3.25
<i>Fiji Water</i>	\$1.55
<i>Pelligrino</i>	\$2.50
<i>PRO Sports Club Bottled Spring Water</i>	\$1.15
<i>Pitcher of Milk</i>	\$5.00

BAKED ITEMS

<i>Assortment of Bagels with Cream Cheese</i>	\$3.00
<i>Assortment of Muffins & Scones</i>	\$2.75
<i>Assorted Freshly Baked Cookies</i>	\$1.50
<i>Assorted Gourmet Dessert Bars</i>	\$4.50
<i>Assorted Miniature Tarts</i>	\$4.00
<i>Assorted Miniature New York Cupcakes</i>	\$1.75

ASSORTED SNACKS

<i>Assorted Fresh Baked Cookies</i>	\$1.25 each
<i>Individual Cascade Yogurts</i>	\$1.95
<i>Seasonal Sliced Fruit Salad</i>	\$6.50
<i>Whole Fresh Fruit</i>	\$1.00
<i>Pop Chips</i>	\$1.60
<i>Tortilla Chips & Salsa</i>	\$3.00
<i>Hummus with Pita Bread</i>	\$4.50
<i>Mini Babybel Cheese</i>	\$.95
<i>20/20 Protien Bars</i>	\$2.05
<i>Thinkthin Protien Bars</i>	\$2.75
<i>Pure Fit Protien Bars</i>	\$2.95
<i>Perfect Food Bars</i>	\$2.75
<i>French Fries</i>	\$3.50
<i>Sweet Potato Fries</i>	\$4.00
<i>Smart Food White Cheddar Popcorn</i>	\$2.00
<i>Peanut Butter Pretzel</i>	\$3.50
<i>String Cheese</i>	\$.75

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BOX LUNCHES

Each of the Box Lunches Includes Choice of Sandwich, Whole Fresh Fruit, Side of Pasta Salad, Bag of Chips, Fresh Baked Cookie, & Bottled Water.

CHICKEN PESTO

Grilled Chicken Breast, Basil Pesto Aioli, Fresh Basil, Tomato, Havarti on Ciabatta
\$18.00

FRESH TOMATO, BASIL & MOZZARELLA

Mozzarella, Basil, Tomato, Seasoned Olive Oil, Balsamic, on Ciabatta
\$17.00

TURKEY & HAVARTI

Turkey Breast, Havarti, Tomato, Lettuce, Red Onion, Mayo on Ciabatta
\$18.00

SALMON CAESAR WRAP

Grilled Salmon, Romaine Hearts, Parmesan Cheese, Caesar Dressing, in Whole Wheat Wrap
\$22.00

INDIAN MASALA WRAP (VEGAN)

Spiced Potato Marsala, Curry Aioli, Fresh Spinach, in Whole Wheat Wrap
\$17.00

ROAST BEEF & CHEDDAR

Thinly Sliced Roast Beef, Horseradish Mayonaise, & Cheddar Cheese on Focacia Bread
\$18.00

KIDS SELECTIONS

Includes Juice, Apple Slices or Fresh Grapes, String Cheese & Frozen Yogurt

-Choice of-
Chicken Tenders
Grilled Cheese
Kids Pizza
Peanut Butter & Jelly
Red Noodles
Butter Noodles
Grilled Chicken
Grilled Salmon
\$12.00 per child

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BUFFET SELECTIONS

*Add on Coffee & Tea Service for \$5.50 per person.
Add on Afternoon Beverage service for \$5.50 per person.*

DELICATESSEN BUFFET

(A Minimum of 5 guests Please)

Classic Caesar Salad ~ or ~ Mixed Greens with Pears, Spiced Pecans,
Gorgonzola, & White Balsamic Vinaigrette
Sliced Fresh Fruit Salad

Selection of Meats to Include:

Rosemary Ham, Hard Wine Salami, Roasted Turkey Breast, Grilled Chicken Breast, Roast Beef
Sliced Cheddar, Havarti, Swiss, Pepper Jack, Provolone, Sliced Tomato, Lettuce, Pickles, Sliced Red Onion,
Mayonnaise & Mustard
Ciabatta, Multi-grain Ciabatta, Focaccia

Potato Chips
String Cheese
Trail Mix
Freshly Baked Cookies

\$25.00 per person

PRO-BEST BUFFET

(A Minimum of 10 guests Please)

Classic Caesar Salad ~ or ~ Mixed Greens with Pears, Spiced Pecans,
Gorgonzola & White Balsamic Vinaigrette
Slice Fresh Fruit

Grilled Chicken Breast
Grilled Salmon Filet
Seasonal Steamed Vegetables
Bakery Bread & Butter

Still & Sparkling Water

\$34.00 per person

ITALIAN PASTA BUFFET

(A Minimum of 10 guests Please)

Classic Caesar Salad, Parmesan Cheese
Farfalle, Spaghetti, & Penne Pasta (Gluten Free Available)
Marinara Sauce, Creamy Pesto Sauce & Alfredo Sauce
Seasonal Steamed Vegetables
Rustic Bread & Butter
Fresh Baked Cookies

Add Diced Chicken \$5.00 per person
Add Turkey Meatballs \$7.00 per person

\$22.00 per person

SEAFOOD BUFFET

(A Minimum of 10 guests Please)

Crab, Shrimp, & Smoked Salmon
Served with Lemon Wedges
Ask About our Ice Sculptures

\$22.00 per person

CARVING STATIONS

Add a Lamb, Ham, Turkey, or Prime Rib with Creamy Horseradish Sauce Station to Any Buffet
\$12.00 per person

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OTHER BUFFET SELECTIONS

HOT SANDWICH BUFFET

(A minimum of 5 Guests Please)

*Includes Caesar Salad ~ or ~ Mixed Greens with Pears, Spiced Pecans,
Gorgonzola & White Balsamic Vinaigrette, Fresh Baked Cookies,
Assorted Sodas, Sparkling & Still water*

-Choice of-

Roast Beef French Dip with Au Jus
Hot Turkey & Swiss on A Baguette

\$25.00 per person

COCKTAIL HOUR

(A minimum of 10 Guests Please)

Mini Dungeness Crab Cakes with Red Pepper Aioli
Chicken Satay with Papaya Salsa
Caramelized Onions & Gruyere Tarts
Herbed Mushroom Tarts
Kobe Beef Sliders

*Ask Your Event Coordinator About Catering A Specialty Cocktail for Your Event

\$21.00 per person

SPA GETAWAY

(A minimum of 5 Guests Please)

Assorted Tea Sandwiches
Sliced Fruit Salad
Assorted Mini Quiche
Vegetable Crudites
Mixed Greens with Pears, Sliced Pecans, Gorgonzola
& White Balsamic Vinaigrette
Bottled Fiji Water

\$25.00 per person

DESSERT BUFFET

(A minimum of 10 Guests Please)

Mini Chocolate & Seasonal Tortes
Chocolate Truffles
Assorted Dessert Bars
Chocolate Dipped Strawberries
Mini Brownies & Fresh Baked Cookies
Mini New York Cupcakes

\$17.00 per person

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BUFFET SALAD SELECTIONS

*Add on Coffee & Tea Service for \$5.50 per person.
Add on Afternoon Beverage service for \$5.50 per person.*

20/20 CHOP CHOP SALAD

Grilled Diced Chicken Breast,
Vine-Ripened Roma Tomatoes, Scallions,
Garbanzo beans, and Low-Fat Mozzarella
Tossed with Our Chef Made 20/20 Italian Dressing
\$4.50 per person

20/20 ASIAN CHICKEN SALAD

Grilled Diced Chicken Breast,
Celery, Peppers, Toasted Almonds and
Sesame Seeds Tossed to Order
with Our House Made Miso Dressing
\$4.50 per person

ORIGINAL CHOP SALAD

Grilled Diced Chicken Breast,
Genoa Salami, Vine-Ripened Roma Tomatoes, Fresh Basil
Garbanzo beans, and Low-Fat Mozzarella
Tossed with Our Own Italian Dressing
\$5.00 per person

PACIFIC NW DUNGENESS CRAB & BAY SHRIMP COBB SALAD

Organic Greens, Dungeness Crab, Bay Shrimp, Bacon,
Hard Boiled Egg, Grape Tomato,
Point Reyes Blue Cheese Crumbles, Avocado,
and Watercress Tossed with Our House
Made Italian Dressing
\$7.00 per person

POINT REYES BLUE CHEESE SALAD

Fresh Cut Romaine, Point Reyes Blue Cheese Crumbles,
Toasted Almonds, Hard Boiled Egg, Grape Tomatoes,
Tossed with House Made Point Reyes Blue Cheese Dressing
\$4.00 per person

20/20 TOASTED ALMOND & STRAWBERRY SALAD

Organic Greens, Fresh Cut Romaine, Local Strawberries,
Grilled Chicken, Toasted Almonds, Red Grape Tomatoes
Tossed with Chef Steve's Poppy Seed Dressing
\$4.50 per person

RASPBERRY CHICKEN SALAD

Fresh Mixed Greens, Scallions, Grilled Chicken,
Point Reyes Blue Cheese, Gala Apples,
Tossed with Our Own Raspberry Vinaigrette, Topped
with Fresh Raspberries
\$4.50 per person

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PIZZA SELECTIONS

(A minimum of 5 Guests Please)

Includes Caesar Salad ~ or ~ Mixed Greens with Pears, Spiced Pecans, Gorgonzola & White Balsamic Vinaigrette, Fresh Baked Cookies, Assorted Sodas, Sparkling & Still water

Each Pizza Serves 1-2 Guests

20/20 MOZZARELLA PIZZA

Whole Wheat Crust with House Made Pizza Sauce, Low Fat Mozzarella Cheese, Roma Tomatoes, Parmesan & Fresh Basil
\$13.00

20/20 CHICKEN VEGETABLE PIZZA

Whole Wheat Crust with House Made Pizza Sauce, Low Fat Mozzarella Cheese, Grilled Chicken, Fresh Spinach, Sliced Mushrooms, Red Onions, & Tomatoes
\$14.00

20/20 CHICKEN FETA PIZZA

Whole Wheat Crust with Pesto Cream Cheese, Diced Tomatoes, Red Onion & Feta Cheese
\$14.00

BBQ CHICKEN PIZZA

White Crust with House BBQ Sauce, Smoked Mozzarella, Grilled Chicken, Red Onions, and Fresh Cilantro
\$16.00

QUATTRO FORMAGGIO PIZZA- BUILD YOUR OWN

Start with Your Choice of White or Whole Wheat Crust, and Our Four Cheese Blend (Mozzarella, Locatelli, Provolone & Parmesan)
\$12.00

Blue Cheese Crumbles, Feta Crumbles

Choose your Sauce: Our House Made Pizza Sauce, Pesto Cream Cheese, BBQ, or Seasoned Olive Oil

Choose your toppings: Spinach, Onions, Mushrooms, Portabello Mushrooms, Bell Peppers, Diced Tomatoes, Roasted Red Peppers, Pepperoncini, Sun Dried Tomato, Kalamata Olives, Asparagus, Fresh Basil, Fresh Cilantro.
\$3.00 per item

Diced Chicken, Italian Chicken Sausage, Turkey Pepperoni, Applewood Smoked Bacon, Canadian Bacon
\$4.00 per item

6oz Coldwater Bay Shrimp
\$12.00

4oz Dungeness Crab
\$12.00

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FROM THE BISTRO MENU

We have always identified our healthiest meals with our 20/20 LifeStyles logo. We have expanded our identification to show if menu items fulfill the requirements to be identified as part of the Mediterranean diet, DASH diet and/ or Gluten-Free Friendly. Eating healthy can be especially difficult when dining out, but here at the Bistro we have always created healthy delicious dishes using olive oil, fruits, vegetables and whole, minimally processed foods.

The Mediterranean diet, which is rich in fruits, vegetables, grains and olive oil, has been shown to be associated with reductions in metabolic syndrome, cardiovascular disease and mortality.

The DASH diet is a combination meal plan rich in fruits, vegetables, and low-fat or non-dairy products, which has been shown to help normalize blood pressure and contribute to overall heart health. For people who have hypertension, DASH meals are recommended to help lower blood pressure and reduce the overall risk of heart disease. The DASH diet recommends no more than 2300mg of sodium per day.

Gluten-Free friendly dishes are healthy foods, created especially for those who cannot eat wheat products. Our Gluten-Free Friendly symbol indicates that the menu item does not contain ingredients that are known gluten allergens such as wheat, rye, barley flours, breadings, soy or tamari sauces and modified food starches.

In our menu you will see the following symbols for each diet:



- 20/20 LifeStyles



- Mediterranean diet



- DASH diet



- Gluten-Free Friendly

Estimated \$15.95 per person

**Gluten-Free Disclaimer: While Our Kitchen is Not Gluten-Free, We Use Gluten-Free Ingredients.*

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A LA CARTE

Priced Per Person

HOT APPETIZERS

Spinach and Crab Artichoke Dip	\$6.50
Chicken Satay with Papaya Salsa	\$3.25
Mini Dungeness Crab Cakes with Red Pepper Aioli	\$3.95
Assorted Mini Quiche	\$3.25
Kobe Beef Sliders with Caramelized Shallot Mayo	\$4.50
Caramelized onion Brie En Croutes	\$2.50
Pear & Gorgonzola Phyllo Tart	\$2.50
Herbed Mushroom Phyllo Tart	\$2.50
Coconut Fried Shrimp	\$4.00

COLD APPETIZERS

Cold or Hot smoked Salmon with Herbed Cream Cheese, Capers, Red Onions & Rye Toast	\$5.95
Tomato, Basil, & Mozzarella Skewers	\$1.50
Fresh Berry Skewers with a Yogurt Drizzle	\$3.50
Mediterranean Tapas Platter	\$7.00
Domestic Cheese Platter	\$6.50
Gourmet Imported Cheese & Cracker Display	\$15.00
Vegetable Crudites with Ranch Dip	\$4.25
Grilled Vegetable Display	\$4.95
Tortilla Chips & House Made Salsa	\$2.50
8 Layer Dip with Tortilla Chips	\$4.25
Fresh Fruit Display	\$5.00
Goat Cheese Stuffed Dates Wrapped in Prociutto	\$2.50

PRO-tien

6oz Chicken Breast	\$11.00
6oz Salmon Filet	\$17.00
6oz Steak	\$19.00
Hamburger	\$11.00
Turkey Dog	\$7.50
Veggie Burger	\$7.00

SIDES

Bread & Butter	\$2.95
Rice	\$3.00
Seasonal Vegetables	\$4.00
Soup (Minimum of 10 people):	
Tomato Bisque	\$4.00/\$6.00
Chicken Noodle	\$4.00/\$6.00
Clam Chowder	\$5.00/\$7.00
Tuscan White Bean	\$4.00/\$6.00

DESSERTS

Chocolate Brownie Sundae	\$6.95
Creme Brulee	\$4.95
Seasonal Cobbler	\$6.95
Chocolate Dipped Strawberries	\$2.50
Assorted Mini Tarts	\$4.00
Mini New York Cupcakes	\$1.75

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CATERING BREAK SELECTIONS

Prices Shown Per Person

FIT & HEALTHY

Individual Trail Mix,
Sliced Apples with Organic Peanut Butter,
Vegetables & Dip

\$8.95

PRO RE-FUEL

20/20 Protien Bars, Whole Fresh Fruit,
Individual Yogurts, Peanut Butter Filled Pretzels,
Vitamin Water, FRS Energy Drinks

\$9.50

MORNING BEVERAGE SERVICE

Fresh Brewed Cafe Vita Coffee, Assorted Tea
Forte Teas,
Fresh Odwalla Orange Juice

\$5.50

COOKIE JAR

Assorted Fresh Baked Cookies & Brownies
Served with Milk for
Drinking and Dipping

\$5.50

MOVIE THEATER

Smart Food White Cheddar
Popcorn, Red Licorice, Assortment of Mini
Candy Bars

\$8.95

AFTERNOON BEVERAGE SERVICE

Individual Trail Mix,
Sliced Apples with Organic Peanut Butter,
Vegetables & Dip

\$5.50

SMOOTHIES

16 OZ - \$5.00 20 OZ - \$5.50

Tropical Breeze - Mango, Banana, Pineapple Juice, Coconut, Yogurt, Soy Milk

Strawberry Sensation - Strawberries, Banana, Pineapple Juice, Vanilla Yogurt

Blueberry Burst - Blueberries, Banana, Apple Juice, Vanilla Yogurt

Peach Passion - Peaches, Banana, Orange Juice, Vanilla Yogurt

Raspberry Rhapsody - Raspberries, Banana, Orange Juice, Vanilla Yogurt

Pineapple Passion - Pineapple Juice, Banana, Orange Juice, Vanilla Yogurt

Very Berry - Strawberries, Blueberries, Raspberries, Soy Milk, Banana, Vanilla Yogurt

Peachy Keen - Peaches, Strawberries, Pineapple Juice, Banana, Vanilla Yogurt

Blue Banana - Mango, Blueberries, Coconut, Pineapple Juice, Banana, Vanilla Yogurt

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PRO CLUB MEETING ROOMS

DECATHLON ROOM

Theatre-style seating room that seats up to 60 people
Each seat has a pull up desktop that can accommodate a laptop
LCD Projector and large Screen (106") are available, podium.
Wireless internet included
\$500.00

BOARD ROOM

An executive Board room that seats up to 18 people around the table, or 22 people seated around the room.
LCD Projector and large screen (50" x 50") are available.
Wireless Internet Included
\$500.00

OLYMPIC ROOM

The meeting room features one wall of windows for natural light, seats up to 16 people with laptops around the table.
Plasma screen monitor (44") with VCR and PC hook ups (for viewing presentations) are available.
Wireless internet included
\$400.00

ALL STAR ROOM

The intimate room seats up to 10 people.
LCD screen monitor (44") with VCR and PC hook ups (for viewing presentations) are available.
Wireless Internet included
\$350.00

BOARD ROOM AT WILLOWS ROAD

Business-casual conference room accommodates up to 14 people and is flooded with natural light and views of the Cascade Mountain range. The recreationally themed conference room is situated on the second floor observation deck of PRO Sports Club's state of the art training facility. The facility is conveniently located just minutes from both downtown Redmond and Bellevue with plenty of available parking. LCD Projector and large screen (106") are available.
Wireless Internet Included
\$400.00

See Audio and Visual Selections for more Meeting Room Additions

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AUDIO/VISUAL SELECTIONS

NOTEPADS & PENS

Included with All Onsite Meetings

TECHNICAL SUPPORT "MEET & GREET"

Required With Any Audio/Visual Ordered
\$20.00

POLYCOM CONFERENCE PHONE

All Rooms
\$80.00

PODIUM WITH MICROPHONE

Available in Decathlon Room Only
\$60.00

WIRELESS MICROPHONE

Available in Decathlon Room Only
\$125.00

FLIP CHART/WHITEBOARD & PENS

\$25.00 Each

COPIES

Color or Black & White
\$0.15 per page

ASK ABOUT OUR ADDITIONAL SERVICES

Shuttle Service
Valet Service
Coat Check
Team Building
Spa Packages
Discovery Bay Child Care Services
Ice Carvings

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